

Worksheet for Juvenile Offenders

Think and elaborately answer the questions provided in the worksheet.

What was your life like before committing a crime?

What made you commit a crime?

How has committing a crime affected your life?

How committing a crime affected your relationships?

On a scale of 0 to 10, how much guilt do you feel by committing a crime?

Which coping strategies would you employ in your life for not committing this crime or any other crime again?

What did you learn from this experience?

How do you see yourself in 5 years?
