

## Survival skills worksheets: Version 2

### Around the House

- Cook and feed themselves
- Make a meal plan
- Money management
- Basic hygiene (without running water)
- Wash clothes
- Memorize contact info
- Get a job
- Non-electric alternatives
- Operate a generator
- Take care of animals
- Escape from a window
- Learn car maintenance
- Have chores
- Decide on a code word

### Outside & Physical Fitness

#### Survival Skills for Kids

- Learn archery
- Explore nature
- Split wood
- Defend & protect themselves
- Ride a bike
- Start a fire
- Go camping
- Grow a plant
- Stage a mock evacuation
- Fitness
- Learn to swim
- Learn how to hunt & fish
- Purify a glass of water
- Navigate surroundings

### Actually Make Things

- Make an every day carry bag
- Make their own emergency binder
- Make a paracord survival bracelet
- Make a powerless cooker (and try cooking on it)
- Have some basic sewing skills
- Use hand tools
- Entertain themselves without electricity
- Make an emergency kit for school
- Forage for food

### Learning

- Knowledge
- Know how to keep cool or stay warm
- Learn some common sense
- Practice calling for help
- Safely use a pocket knife
- Learn basic first aid
- Gun safety
- Be able to ask for help
- Learn history
- Download a survival app

### Last, but Far from Least

- Have a strong faith in God