

Scoring Worksheet for ULCA PTSD INDEX

Read and understand the scoring sheet carefully.

Criterion A- Traumatic Event

See the questions of the traumatic event

Type of traumatic event rated as most distressing:

Criterion A1 met

There is at least one yes answer in questions 15 to 21

Criterion A2 met

There is at least one yes answer in questions 22 to 26

Criterion A met YES / NO

Peritraumatic Dissociation

There is yes answer to question 27

Criterion B- Reexperiencing event

3. (B1) Intrusive recollections _____

5. (B2) Trauma/bad dreams _____

6. (B3) Flashbacks _____

2. (B4) Cues: Psychological reactivity _____

18. (B5) Cues: Physiological reactivity _____

CRITERION B SEVERITY

SCORE (Sum of above scores): = _____

DSM-IV CRITERION B MET:

at least 1 "B" Symptom): YES/ NO

Criterion C - Avoidance

9.(C1) Avoiding thoughts/feelings _____

17. (C2) Avoiding activities/people _____

15. (C3) Forgetting _____

7. (C4) Diminished interest etc. _____

8. (C5) Detachment/estrangement _____

10. or 11. (C6) Affect restricted _____

19. or 21. (C7) Foreshortened future _____

(Place the highest Score from either Question 10 or 11, Place the highest Score from either Question 19 or 21)

CRITERION C SEVERITY

SCORE (Sum of above scores): = _____

DSM-IV CRITERION C MET:

at least 3 "C" Symptoms): YES / NO

CRITERION D (INCREASED AROUSAL)

- 13. (D1) Sleep problems _____
 - 4. or 20. (D2) Irritability/anger _____
 - 16. (D3) Concentration problems _____
 - 1. (D4) Hypervigilance _____
 - 12. (D5) Exaggerated startle _____
- (Place the highest Score from either Question 4 or 20)

CRITERION D SEVERITY

SCORE (Sum of above scores): = _____

DSM-IV CRITERION D MET:

(Diagnosis requires at least 2 "D" Symptoms): YES NO

PTSD SEVERITY, Overall score

- 1. _____ 12. _____
- 2. _____ 13. _____
- 3. _____ [Omit 14].
- 4. or 15. _____
- 20. _____ 16. _____
- 5. _____ 17. _____
- 6. _____ 18. _____
- 7. _____ 19. or
- 8. _____ 21. _____
- 9. _____ [Omit 22].
- 10 or 11 _____

(Sum total PTSD SEVERITY of scores) = _____ SCORE

Diagnosis of PTSD: If criteria A,B,C,D all met

Diagnosis of Partial PTSD: (Criterion A met and, Criteria B + C or B + D or C + D