

# Problem Solving CYP Worksheet

## Steps of Problem Solving:

### Step 1: Identify your problem



1. What is my problem?

### Step 2: Look for solutions like (given below on the wheel)

Look for the alternative options- to cope up



2. Think, think, think of some solutions



### Step 3: Think about the outcome of the Problem



3. What would happen if...?  
Would it be safe? Would it be fair?  
How would everyone feel?

### Step 4: Take action



4. Give it a try!