

Personality disorder worksheets PDF



Personality Disorders

Cluster A

<p>Paranoid Personality Disorder</p> <ul style="list-style-type: none"> • Difficulty trusting others • Hold grudges against others • Suspicious about others. 	<p>Schizotypal Personality Disorder</p> <ul style="list-style-type: none"> • Hear voices • Uncomfortable with closed relationship • Believe that everything has hidden messages 	<p>Schizoid Personality Disorder:</p> <ul style="list-style-type: none"> • Can not express emotions • They are cold and unresponsive.
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Cluster B

<p>Antisocial Personality Disorder</p> <ul style="list-style-type: none"> • Little to no regard for the needs and emotions of others • Often lie, cheat, steal 	<p>Borderline Personality Disorder</p> <ul style="list-style-type: none"> • Believe that the people they love will abandon them. • Unstable relationships, 	<p>Histrionic Personality Disorder</p> <ul style="list-style-type: none"> • Constant need for attention. • Dramatic outbursts • Dramatic shifts in their emotions 	<p>Narcissistic Personality Disorder</p> <ul style="list-style-type: none"> • Their needs and feelings are more important than others • Expect lots of praise from others
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Cluster C

<p>Avoidant Personality Disorder</p> <ul style="list-style-type: none"> • Terrified of rejection or any criticism • They avoid contact with others at work and social events. 	<p>Dependent Personality Disorder</p> <ul style="list-style-type: none"> • Depends on others to take care of their needs • They need constant approval 	<p>Obsessive-compulsive Personality Disorder</p> <ul style="list-style-type: none"> • Obsess over rules, cleanliness, and order. • They are rigid over their rules.
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