

# Kindergarten Worksheet Printable

- **Patience**  
Learn to wait patiently.
- **Empathy and genuineness:**  
Try to be empathetic towards people around you, try to be genuine and honest.
- **Greet People:**  
Use salutations and hand and eye gestures. Try to keep a smiling face.
- **Nonverbal communication**  
Maintain eye contact when talking to a person, and focus on your body language and posture.
- **Sharing**  
If something is bothering you, don't hesitate to share. Share with someone with whom you are comfortable, e.g. your mother or close friend.
- **Assertive Skills**  
Stand up for your rights but don't be aggressive.
- **Managing relationships**  
Give time to your loved ones. Give them personal space.
- **Respect**  
Give respect and have respect.
- **Confidence**  
Do everything with full confidence and determination.
- **Listening skills**  
Actively listen to what others say to you.
- **Connect with people**  
Call your friends or meet them regularly.
- **Don't hurt others:**

While trying to connect and talk to people, don't hurt anyone. Try to be sympathetic and empathetic.

- **Express your emotions**

Example: I'm feeling low today, I don't feel like doing this

- **Manners**

Learn to say thank you, welcome, please, and sorry in your daily life.

- **Maintain your calm:**

Don't lose your calm and peace while trying to interact with people around you.