

Free goal-setting worksheet for students: Version 2

Choose & Decide a goal that you want to achieve:

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Steps involved in reaching this goal:

Goals	Steps	Deadline
Goal 1		
Goal 2		
Goal 3		

Divide the Goal into simple milestones with deadlines:

Long-term goal		
Milestone 1	Milestone 2	Milestone 3

Obstacles that may come in the way:

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Things I need to do to achieve my goal:

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Make your goal SMART:

SPECIFIC _____

MEASURABLE _____

ATTAINABLE _____

RELEVANT _____

TIME BOUND _____

Deadline to achieve the goal:

Make a progress chart, update it daily or on weekly basis: