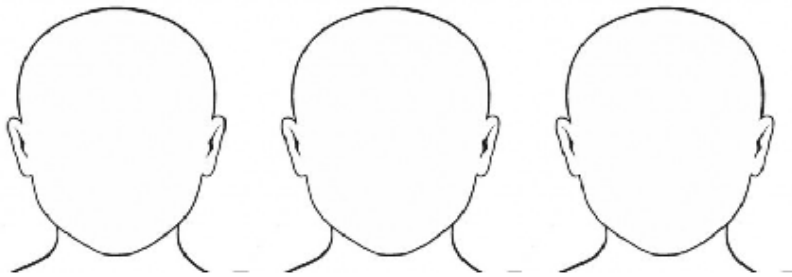


Feelings Therapy Worksheet

How does your face look, when you feel the below mentioned emotions?

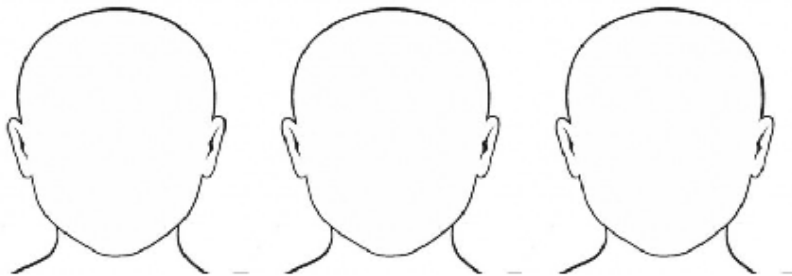
I am.....



sad

happy

tired



angry

afraid

surprised