

Creating a Token Economy Worksheet

But there are specific characteristics which are very important for a token Economy. Here we are going to give you a template on how to create a token economy. The behaviors that we have chosen and the activities can be changed accordingly (as per your need and desirability)

Target Behaviour: Toilet training of your child

Step 1: The child will tell you he wants to go to the washroom

If he does that, reward him,
(Give him one smiley)

Step 2: The child successfully goes to the washroom with your help

If he does that, reward him,
(Give him one smiley)

Step 3: The child successfully pull up his pants

If he does that, reward him,
(Give him another smiley)

Step 4: If a child continues the same routine for two days.

If he does that, give him the award,
(Now, as per the rules, three smileys will earn him his favorite meal. Now give it to him.)