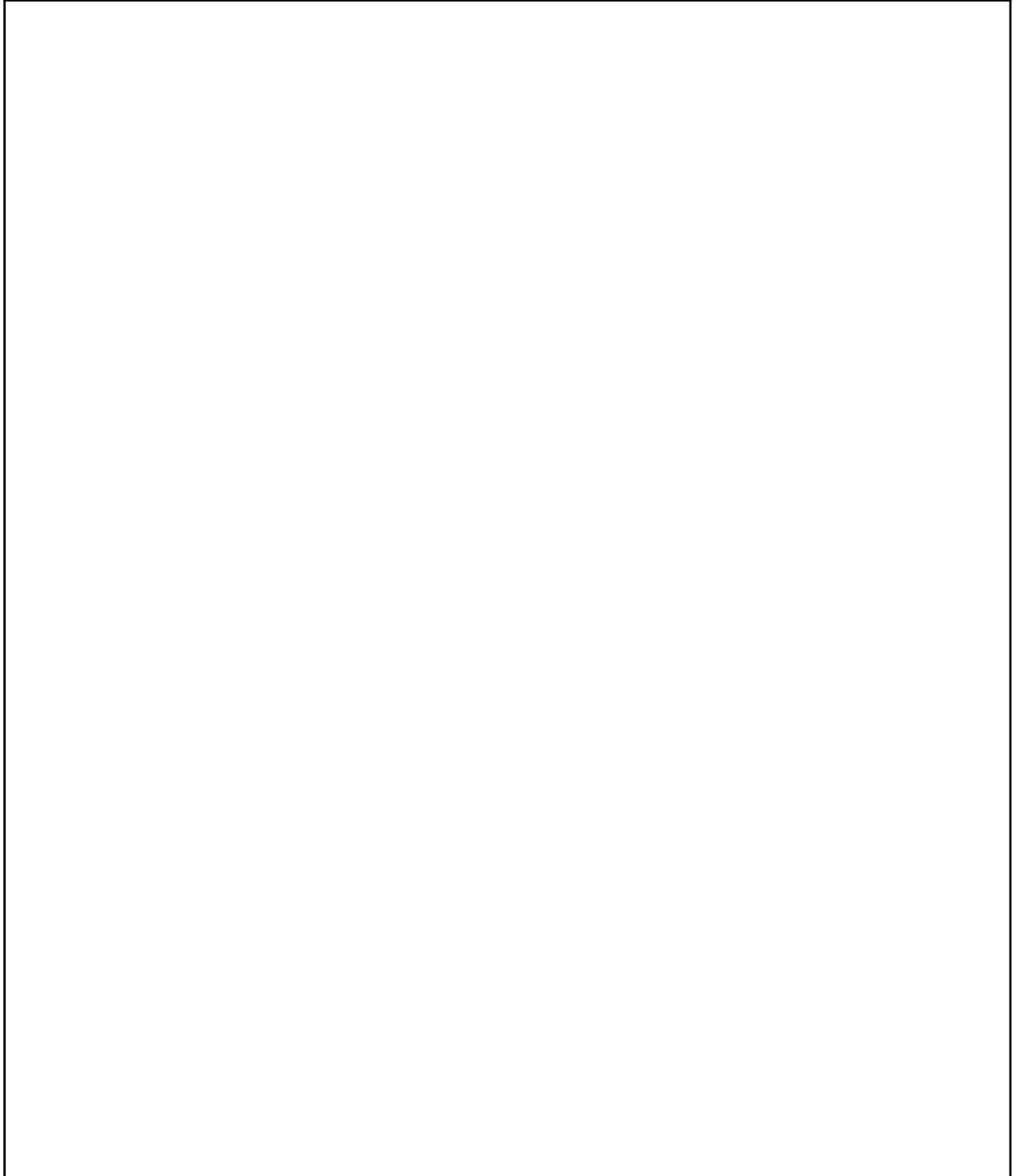


## **ART THERAPY WORKSHEETS FOR ANXIETY**

**Draw how your anxiety looks like to you? Create anything that comes to your mind.**



**Color the pattern**

